REHABILITATING 'ARRESTED DEVELOPMENT'

PAGES 14-15

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PSC

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Lawyer's girlfriend found dead

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Kennedy's 'American Spirit'

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'Now You See' James Franco's bro

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Michaels chooses his poison: RVs

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32

Grams of carbohydrates in a Sun "Morning Mix-ups" apple cinnamon-flavored multigrain snack mix

15

Grams of sugar in the Suncup 4-ounce fruit punch drink

ZERO

Vitamins in either option

What are they serving our kids for breakfast?

What parents are saying. Some moms and dads say their children aren't getting a healthy meal at school to start their days. **What the school district is saying.** Officials say it meets federal requirements. PAGE 02

1 NEWS

Top 3

Trending online at Metro.us

1 Video: Has Gangnam Style's time passed? Psy loudly booed at Italian soccer match

2 Video: Cheese-rollers thumb noses at England's killjoy police

3 Ding Jinhao was here: Teenager etches name into 3,500-year-old temple

Local Tweet

"Please take the time to honor those who have fought n those who have fallen this Memorial day n everyday."

@dlux1851 dwells on the important part of Memorial Day weekend.

Some parents uneasy over breakfast options

Diet. Parents say pupils are given a snack mix, muffins, pancakes and concentrate juices for meals at school.

Some parents have questioned whether the breakfast, including drinks, is healthy enough. / THINKSTOCK

Once a month, students at Andrew Jackson and Stephen Girard elementary schools receive for breakfast a bag of Sun "Morning Mix-ups" apple-cinnamon flavored snack mix, parents said.

The multigrain snack of bagel buttons and oat squares has 200 calories, 7 grams of sugar, 6 grams of fat, 32 grams of carbohydrates, 3 grams of fiber, 5 grams of protein and 130 milligrams of sodium. No vitamins, no minerals and 16 grams of whole grain.

For a drink, the kids can choose from fruit juice, chocolate or plain milk.

The fruit juice has 60 calories, 15 grams of sugar, 15 milligrams of sodium and 14 grams of carbohydrates. No protein, no vitamins.

Parents from the two schools are asking, "Why doesn't the school district offer healthier options than a bag of chips and fruit punch?"

The district feeds all district elementary school kids breakfast and lunch up to eighth grade. For many students, officials have said, this may be the only meals they eat.

Some other items on the month's meal calendar includes muffins and pancakes with syrup. One parent described the muffins as "unfrosted cupcakes."

The parent, who asked to remain anonymous, called the "Breakfast Round," served twice a month, a "doughnut."

While fruit is mentioned several times on the menu, some parents said they have not seen it available.

Beth Wallace, a nutritionist at the Children's Hospital of Philadelphia, said in regard to the snack mix, "There are better and probably less expensive options."

"Something like whole wheat toast with peanut butter and milk is going to be less expensive than a bag of Sun chips over the course of year, most likely, and you're getting a lot more whole foods and nutrients," Wallace said.

She said oatmeal with nuts or yogurt with fruit would be ideal.

"I really think that anything in the morning is better for a child — but really to maximize the start to their day, they actually need nutrients, not just calories," she said.

Fernando Gallard, school district spokesman, said, "All breakfast menus meet or exceed the federal requirements."

The snack mix "provides two bread equivalents according to the USDA required meal pattern," Gallard said in an email. "The current meal pattern does not require whole grains. In preparation for next school year, we have enhanced our menu by providing items that contain whole grains."

TOMMY ROWAN
tommy.rowan@metro.us

Quoted

"Something like whole wheat toast with peanut butter and milk is going to be less expensive than a bag of Sun chips over the course of a year, most likely, and you're getting a lot more whole food and nutrients."

Nutritionist Beth Wallace

Facts

Wallace said the ideal breakfast for a child in the morning is to have something from three of the five food groups.

The nutrition facts for the drinks offered, according to the district, say:

- Fruit juice: Contains 100 percent fruit juice from concentrate.
- Chocolate milk: Fat-free, low-sugar milk, 120 calories, 7 grams of added sugar, 19 grams total carbohydrate
- Plain milk: 1 percent milk, 100 calories, 12 grams of carbohydrate

Homicide. Montco teen stabs girlfriend to death, police say

A Montgomery County boy, 16, was charged with stabbing his girlfriend, 17, to death Saturday night, reports say. Tristan Stahley faces charges of first-degree murder after he allegedly killed his girlfriend Julianne Siller in a wooded area in their hometown of Skippack, reports say.

Siller, of Royersford, was stabbed multiple times after the two argued about a broken cell phone and Siller's nightlife.

After an attempt to hide the body, Stahley emerged from the woods and told his mother he killed Siller, reports say.

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Rescued

50 trapped in casino elevator

Firefighters rescued 50 people from several elevators that became stuck in separate incidents at Revel Casino in Atlantic City Sunday morning, reports say.

The people climbed ladders through elevator shafts to safety.

METRO

Invaded

Family's cookout food stolen

Two men invaded a North Philadelphia home Sunday and stole electronics, money and supplies for a Memorial Day cookout, police said. The two men stole pills, $5,000, a flat-screen TV, jewelry, two smartphones, food and drinks. METRO

Merger

Two parishes to combine

Two Bridesburg parishes, All Saints and St. John Cantius, will become one as of July 1, the Archdiocese said. The combined parish, to be named St. John Cantius, will have a new pastor by the end of the month. Geography and attendance were cited as reasons. METRO

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Lawyer's girlfriend found dead in tub

Mystery. Woman, 26, discovered in his Center City home, officials said.

Julia Law / FACEBOOK

Quoted

"Julia was a beautiful, caring, free-spirit hippy, who I was blessed to have known."
Lawyer A. Charles Peruto

The girlfriend of prominent criminal defense lawyer A. Charles Peruto Jr. was found dead Saturday inside his Center City home, officials say.

Julia Law, 26, a Drexel University graduate who according to social media worked as a paralegal at Peruto's Philly-based law firm, was found floating facedown and naked in a bathtub, police said.

"Julia was a beautiful, caring free-spirit hippy, who I was blessed to have known," Peruto said in a statement to Action News.

"Words can't express how sad I am to finally have met someone who I believed truly loved me," he went on to say. "You should all have someone touch your life, like she did mine. Pray for her. She was an angel."

Reports say Peruto, 58, was visiting the New Jersey Shore when police pulled Law's body from the tub.

Authorities say a maintenance man found Law's body around 10 a.m. Saturday.

She was pronounced dead shortly after she was found.

Results from an autopsy are not yet available.

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Jackpot

Powerball ticket sold in Delaware wins big

A Powerball ticket sold in Delaware hit big on Saturday's Powerball jackpot: $50 million for the annuity, and about $31 million for cash.

The winning numbers were 2, 6, 19, 21 and 27. The Powerball was 25.

Winners also hit in Florida and Louisiana.

METRO

Safety

No helmets, more crashes

Since motorcyclists were given the choice of whether to wear a helmet, the number of deaths rose 35 percent, according to the Pittsburgh Tribune-Review.

Pennsylvania lawmakers changed the requirement in 2003. Last year, 210 people died in motorcycle crashes.

One hundred wore helmets, 104 did not.

METRO

Honoring the dead

Mayor Michael Nutter and Lee Doo-Young, consul for the Consulate General of the Republic Korea, lay a wreath at the Korean War Memorial yesterday at Penns Landing for Memorial Day. / RIKARD LARMA, METRO

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Varicose Veins - More than a Cosmetic Problem...

If you have varicose veins, you already know they are unsightly and uncomfortable. Do you also know they can be hazardous to your health? Varicose veins are abnormally dilated veins that may protrude on the skin surface and appear as twisted and rope-like. They are the result of the backward flow of blood and often associated with symptoms such as pain, achiness, fatigue, heaviness, swelling, burning and itching. They may also be indicative of more serious health issues.

Venous Reflux Disease – A More Serious Condition…

Varicose veins may be symptoms of venous reflux disease, a serious medical condition. Healthy leg veins contain valves that open and close to assist the return of blood back to the heart. Venous reflux disease develops when these valves become damaged or diseased. As a result, vein valves will not close properly, causing varicose veins and other symptoms. This disease is progressive and can worsen over time.

It Could Happen to You - Contributing Factors…

There are many underlying causes that may contribute to the presence of venous reflux disease, which has been attributed to heredity, obesity, pregnancy and professions that require long hours standing. Although some people are more susceptible than others by virtue of their jobs and/or medical history, the fact is that venous reflux disease and varicose veins can happen to anyone.

Real Relief - Minimally Invasive, Maximum Results…

Although many people find relief by elevating their legs or wearing prescription strength compression stockings, these are temporary measures. There are more permanent treatment options that offer real relief and are minimally invasive including:

- Radiofrequency (RF) Ablation - An innovative technique and desirable alternative to surgical stripping, where the doctor inserts a very small tube (catheter) which sends out radiofrequency energy that shrinks and seals the vein wall. Healthy veins around the closed vein restore the normal flow of blood.
- Laser Ablation - Vein Ablation technique sometimes performed instead of RF.
- Microphlebectomy - A procedure where varicose veins are removed through small incisions or needle holes that don't require stitches.

BEFORE TREATMENT

AFTER TREATMENT

The Advantages…

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Richard Gray, MD, FSIR, Medical Director

Richard Gray is a fellowship trained and board certified Vascular and Interventional Radiologist. He earned his MD from the Cornell University Medical College, New York Hospital and completed a fellowship in Interventional Radiology at the MD Anderson Hospital & Tumor Institute at in Houston. Dr. Gray served as Director of Interventional Radiology at Washington Hospital Center and as the Fellowship Program Director of Georgetown University for twenty years. While in Washington, he was repeatedly voted a "top doctor" in *Washington Magazine* and was voted a "top doctor" by other doctors in the US. He is the author of numerous publications and is nationally recognized as a thought leader in venous access.

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Local residents celebrated the planning process and kickoff with a recent bricklaying ceremony in Hawthorne Hall. / PEOPLE'S EMERGENCY CENTER

University City neighborhood gets new life

Revitalization. Hawthorne Hall is the missing piece for Lancaster Avenue neighborhoods, officials said.

People's Emergency Center sees historic Hawthorne Hall as a very important piece to the revitalization of University City.

So, too, do residents of the surrounding neighborhoods along lower Lancaster Avenue. Wells Fargo Regional Foundation agrees.

The foundation recently awarded PEC a $750,000 grant to help it transform Hawthorne Hall into the gateway to a more promising future for the Lancaster Avenue neighborhoods.

"[We can] really turn the corner and make Lancaster Avenue a prize and a jewel in the community," PEC President and CEO Farah Jimenez said.

The recent grant award represents half of Wells Fargo Regional Foundation's $1.5 million commitment to PEC's revitalization efforts, now largely focused on Hawthorne Hall.

PEC ultimately hopes its efforts will not only attract business to Hawthorne, but also to vacant storefronts along Lancaster Avenue in West Philadelphia.

Now 40 years old, PEC provides housing to families at risk of becoming homeless. It has more than 240 housing units in University City.

SEAN MCCULLEN
letters@metro.us

Quoted

"This investment ... is going to let us be able to look back five years from now and see a real transformation."
Jimenez

Stuck

Sleeping man dragged two blocks

A 45-year-old man sleeping in the street at E and East Ontario streets in Kensington was dragged about two blocks around 4 a.m. Sunday, police said.

The man, who was in critical condition at Temple University Hospital, got stuck underneath a car and was dragged before the car sped off. METRO

Alleged sexual abuse. Archdiocese: Retired priest put on leave

A 74-year-old priest, who recently retired as a Holy Family University faculty member, was placed on administrative leave amid accusations that he sexually abused a child more than 40 years ago, the Archdiocese of Philadelphia announced in a statement Sunday.

Rev. James J. Collins, who worked at the Northeast Philadelphia college since 1976, retired as a faculty member earlier this year.

"While on administrative leave, he is not permitted to exercise his public ministry pending the outcome of the investigation," according to the archdiocese statement. "His leave is not connected to the cases of priests placed on administrative leave following the February 2011 grand jury report." METRO

US urges garment buyers to stay engaged with Bangladesh

Safety. A series of deadly incidents at factories in Bangladesh has focused global attention on safety in the industry.

After the collapse of the Rana Plaza building in April, Western retailers are concerned with corruption and a lack of trained building inspectors. / GETTY IMAGES

International garment buyers, particularly those in the United States, have a crucial role to play in ensuring the safety of Bangladesh's garment workers, a senior government official said yesterday.

"On the labor issue, absolutely — buyers have a critical role, and they must be engaged," U.S. Under Secretary of State for Political Affairs Wendy R. Sherman told a news conference in Dhaka, the Bangladeshi capital.

Western retailers and brands are struggling to assess safety risks at thousands of Bangladesh garment factories after the April 24 collapse of the Rana Plaza building in a Dhaka suburb.

Their task is made tougher by a lack of robust safety rules, a severe shortage of trained building inspectors and equipment needed to make proper safety assessments, and widespread concern about corruption.

Sherman said foreign companies should not give up on Bangladesh.

"We are encouraging international investors not to turn their back on Bangladesh, because the solution is reform, not withdrawal," she said.

"Ultimately, success will depend on the will and commitment of industry, government, civil society and everyday Bangladeshis to come together to change the culture of workplace safety and worker rights in Bangladesh," she added. REUTERS

Memorial Day. Obama pays tribute to fallen during ceremony

President Barack Obama paid tribute to fallen men and women of the U.S. armed services during a Memorial Day ceremony in which he reminded Americans that the country was still at war.

During a solemn visit to Arlington National Cemetery, the resting ground for many military casualties, Obama noted in remarks to visitors that next year would mark the last Memorial Day of the U.S. war in Afghanistan.

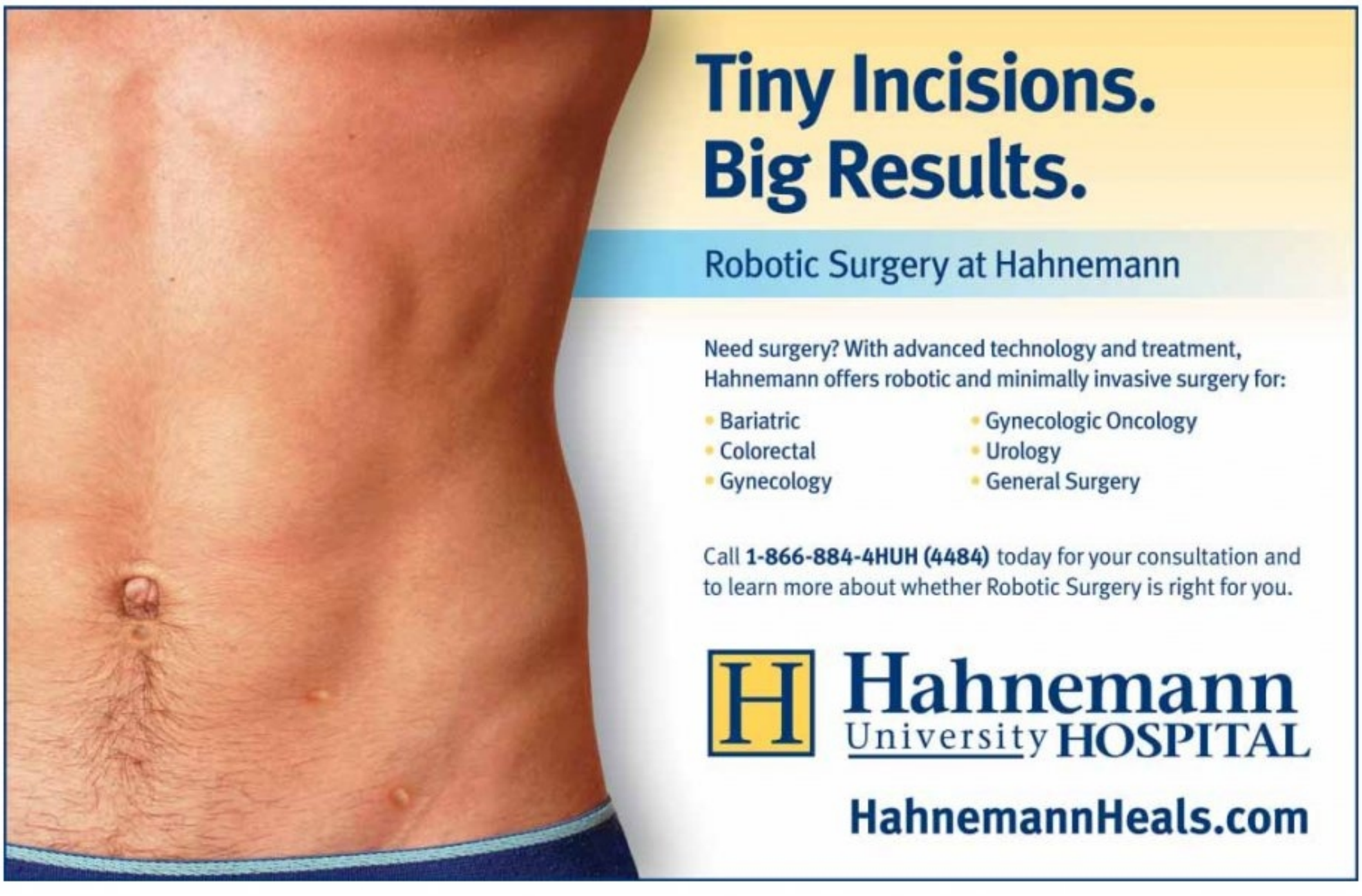
"But even as we turn the page on a decade of conflict, even as we look forward, let us never forget, as we gather here today, that our nation is still at war," Obama said.

Obama hugs a woman while visiting Section 60 at Arlington Cemetery. / GETTY IMAGES

Unlike World War II or the Vietnam War, conflicts that touched nearly every American, most U.S. citizens were not directly affected by the conflicts overseas, the president noted. REUTERS

Quoted

"As we gather here today, at this very moment, more than 60,000 of our fellow Americans still serve far from home in Afghanistan." Obama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Terrorism

U.N. rights chief says anti-terror measures can backfire

United Nations human rights chief Navi Pillay told governments yesterday that trying to fight terrorism by limiting personal freedoms and mistreating suspects could only worsen the problem.

She spoke as Britain and France were considering tightening anti-terror laws and surveillance after the killings of two soldiers in London and Paris, and as U.S. President Barack Obama renewed his efforts to close the Guantanamo prison camp in Cuba.

Pillay said she had received allegations of "very grave violations of human rights that have taken place in the context of counterterrorist and counterinsurgency operations." REUTERS

British PM criticized as protests grow over soldier's murder

English Defence League supporters shout at anti-fascist protesters during a rally in London. / GETTY IMAGES

Rigby. The soldier was hacked to death in south London by two men who said they killed him in the name of Islam.

Around a thousand far-right protesters shouting "Muslim killers, off our streets" marched through central London yesterday against a backdrop of swelling anti-Muslim feeling following the killing of a British soldier last week.

In a tense but largely peaceful demonstration, supporters of the far-right English Defence League rallied outside Prime Minister David Cameron's residence waving placards and shouting anti-Islamic obscenities.

"Islamic extremism is probably the No. 1 threat to Britain," said Ben Gates, a protester. Other demonstrators chanted, "Muslim bombers off our streets."

Another protester, Samuel Hames, said of Rigby: "He survived his tour of foreign lands and [came] home to his family — and what happened to him is disgusting."

Nearly 2,000 people marched at a similar demonstration in the northern city of Newcastle on Saturday. Two men were arrested overnight for throwing firebombs at an Islamic cultural center in Grimsby, in northeast England. Similar attacks were recorded last week.

As anti-racist groups warned that there could be more reprisals, Cameron came under intense pressure for going on vacation. Pictures of him relaxing in Ibiza prompted newspapers to question his leadership at a time of unease. REUTERS

U.K. soldier

Police make 10th arrest in murder probe

London police probing British soldier Lee Rigby's murder last week in broad daylight made their 10th arrest as the government vowed to review its powers to counter extremist groups.

A 50-year-old man was arrested on suspicion of conspiracy to murder, the Metropolitan Police Service said in a statement yesterday. BLOOMBERG

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CULTURE

Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Chloe Grace Moretz is at "the happiest place on Earth," Tom Arnold is having a rough night, Anna Kendrick is feeling deprived and Joel David Moore has a solution.

@ChloeGMoretz: Hell yeah Disney Land

@TomArnold: A nice glass of wine can make any meal a relapse.

@AnnaKendrick47: No Game of Thrones this week. So, I'm just gonna go back to sleep for another 7 days.

@joeldavidmoore: Someone needs to Black Snake Moan Amanda Bynes.

Scarlett Johansson as Hillary Clinton?

The casting call to portray Hillary Rodham Clinton in a new biopic about her life is looking pretty ferocious (and attractive). Reese Witherspoon, Scarlett Johansson, Amanda Seyfried and Jessica Chastain are among the actresses vying to play the secretary of state in "Rodham," a new film that will focus on the early years of Clinton's marriage and her time as a 20-something lawyer in Washington, D.C..

"They're all wonderful actresses," director James Ponsoldt told The Independent. "We're very fortunate that a lot of really great actors are interested in playing these roles. ...You don't find people who question the quality of her intelligence or her drive," he continued. "I want a wonderful actress who could embody that."

Not to knock Clinton's looks (I think she is rather regal-looking) but this is probably the first time Scarlett Johansson and Hillary Clinton have been mentioned in relation to one another ... ever.

Talking points

Polanski needs a meeting with Steinem, stat

Roman Polanski isn't necessarily a fan of birth control, complaining during a press conference in Cannes for his new film, "Venus in Fur," that the Pill has had a "masculinizing" effect on women. The 79-year-old director says the Pill has "changed the place of women in our times." He also gripes that moves toward gender equality are having a negative impact on chivalry, noting that "offering flowers to a lady" has now become "indecent." Polanski's wife, Emmanuelle Seigner, stars in "Venus in Fur" as an actress dominating her director during auditions for a play.

Pattinson moves back

Robert Pattinson spent Memorial Day weekend moving back into his own home, a Spanish-style villa similar to ex-girlfriend Kristen Stewart's and only a few miles away in L.A., according to TMZ. Stewart, meanwhile, was caught off-guard by a swarm of paparazzi in a parking garage this weekend and responded with a pair of middle fingers.

Amanda Bynes departs Manhattan Central Booking after being arrested on Friday for alleged charges of reckless endangerment, tampering with evidence and criminal possession of marijuana after she allegedly threw her bong out of her apartment window.

ALO CEBALLOS, GETTY IMAGES

Aaron Paul gushes about new wife

"Breaking Bad" star Aaron Paul is the most romantic actor out there — at least on social media. Before he walked down the aisle with his fiance Lauren Parsekian on Sunday in Malibu, he tweeted their photo, saying: "And so it begins." And on the morning after, he Instagrammed a picture of the two of them from their wedding night with this promise: "A day will never go by without me reminding you how special you are. Thanks for last night my pretty little bird."

Where is Amanda Bynes' family?

It was all fun and games with Amanda Bynes until she showed up to her court hearing in this wig. That wig is a cry for help. So what's going on? The more apt question is: What isn't?

This Memorial Day weekend was such a busy one for the star, it's hard to keep all of the crazy straight. She first showed up in court like this on Friday morning after being arrested for throwing a bong out of her New York City apartment window earlier that morning.

She then spent the weekend tweeting various allegations that the NYPD sexually assaulted her. She peppered this with tweets to Rihanna with the shocking, "Chris Brown beat you because you're not pretty enough." She followed that up with, "I almost named my new dog Rihanna." She later deleted all posts related to the singer.

On Monday, she looped back around to her NYPD allegations, stating that she is suing the NYPD for other various things related to the arrest, including bringing her to a mental hospital and locking her up overnight "for coming home after a facial and working out with my trainer like the good girl that I am." She concluded by encouraging the public to anticipate another nose job and her impending career "as a singer/rapper!"

I know a certain female singer from Barbados who probably won't be making any cameos on Bynes' forthcoming album.

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Stars do Cannes, Vegas and ... college?

Dita Von Teese

1 **Dita Von Teese** arrived at the Nice airport for Cannes this weekend looking positively demure. Well, demure-ish.

Goldie Hawn

2 **Goldie**'s still got it! "Is that **Kate Hudson**'s older sister?" guests at the 20th Annual Cinema Against AIDS event at Cannes likely wondered.

Pharrell Williams

3 **Pharrell** got up close and personal with his fans at Pure Nightclub at Caesars Palace in Las Vegas.

Ben Affleck

4 How do you like them apples? Brown University gave **Ben Affleck** an honorary degree this weekend.

Scott Disick

5 Keeping it classy, **Scott Disick** celebrated his 30th birthday in Vegas with a friend and "Girls Gone Wild" founder Joe Francis.

GETTY IMAGES

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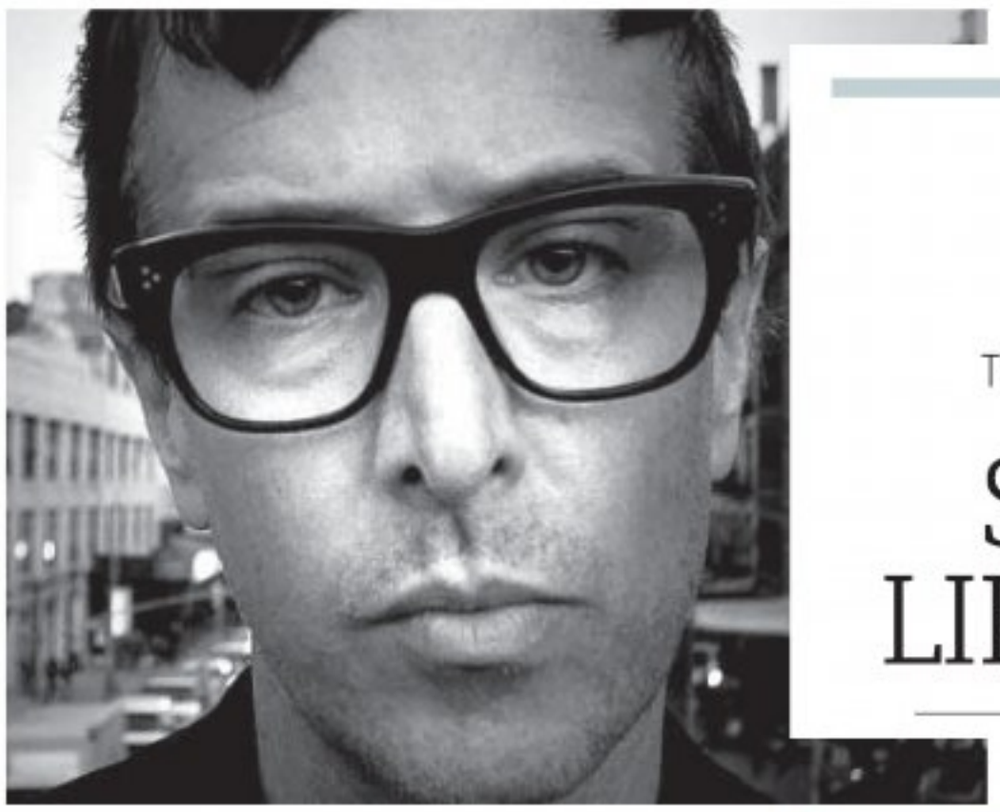

DAN KENNEDY

The host of "The Moth" podcast tries his hand at the great American novel.

SMELLS — AND READS LIKE — 'AMERICAN SPIRIT'

Dan Kennedy is known to legions of fans of "The Moth" as host of their weekly podcast, a medium where truth is held in high regard and fictionalizing is frowned upon. But after a 2008 memoir ("Rock On: An Office Power Ballad") Kennedy is making his first foray into fiction. "American Spirit" follows the 40-something Matthew as his life slowly unravels. Kennedy says he could maybe relate to the character — but just maybe.

Why is the mid-life crisis so fascinating?

I suppose because it really doesn't matter who you are or what you do, when it occurs to you that you may, in the best-case scenario, be at the halfway done with your life, it tends to grab your attention. Having said that, I guess we never know what the halfway point is. History is full of people who didn't realize they were middle aged at 14, you know? Have I started the interview on a positive note? Hey, where's everybody going? Hello?

How was switching from nonfiction and essays to developing a novel?

I am a huge fan of true stories onstage. But I hit a point in writing where I just wasn't fond of dragging friends and loved ones into print for the sake of a laugh and a few bucks to eat on. At a certain point you're having a nice weekend with someone and something funny or weird happens and you can see them thinking: "Jesus, don't tell me Shakespeare here is gonna throw me into his next little essay."

Is 40-something Matthew based on anyone?

As for Matthew, he's a guy who can't figure out what to do when his job is gone, his marriage is doomed, the money's running out fast again, he's drinking in suburban grocery store parking lots, eating hallucinogens and decongestants, and then burning frequent flier miles flying around the world making a bigger mess of things for himself. ... I've, uh, never known anyone like him.

DOROTHY ROBINSON
dorothy.robinson@metro.us

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The other Franco

Interview. Dave Franco, James' younger brother, talks about being "a nice guy."

Dave Franco is known as two things: James Franco's little brother and an onscreen a—hole. In "21 Jump Street," he played an entitled high school drug dealer. In "Warm Bodies" he was the bitter boyfriend of a girl in love with a zombie. "I promise this is not a representation of me," Franco says. "At first it was really fun and liberating playing something outside of myself, to be mean. But after a while, not only have I exhausted this kind of role, but people start thinking this is how I really I am. I promise I'm a nice guy."

In "Now You See Me," a big-budget caper, he gets to play a mostly nice guy, albeit a sleight-of-hand artist first seen stealing from a tourist.

The production style introduced new aspects that he needed to get used to. "Louis Leterrier is a very visual director, and a lot of the scenes have multiple cameras flying about, circling around you," Franco says. "Most of the time you have no idea whether or not the camera is catching you."

He also had to learn card tricks. "I can now cut a banana with a playing card," he reveals. "I wanted it to look realistic."

Franco was cast alongside several big names: Woody Harrelson, Mark Ruffalo, Morgan Freeman and Michael Caine, to name a few. "I'm not starstruck," he says. But being the kid no one knows helped with his character — an up-and-comer that nobody knows. "I'm obviously not the equal of these people. But I wanted to show I can work," he says. "Of course, they were all so nice."

MATT PRIGGE
matt.prigge@metro.us

Longevity

On playing younger

Franco is 27 years old but looks like a kid. That's why he often gets roles playing younger characters. "I don't love it," he says, "but it's more about the role than the age. Everyone always says, especially in the business, it's great to look a lot younger than you are, for longevity's sake. But sometimes I just want to look my damn age and play a character my age. I don't want to play high school again."

DAVE FRANCO PLAYS A YOUNG MAGICIAN IN THE THRILLER "NOW YOU SEE ME." GETTY IMAGES

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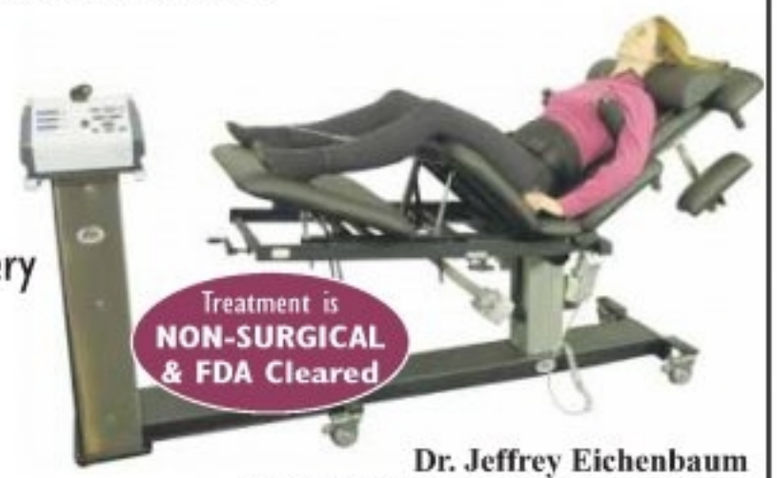

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Some major 'Development' on Netflix

Welcome back. Upon the Bluth family's return this past weekend, cast members discuss plots and jokes so intricate that even they didn't get them right away.

Although it's hard to pinpoint precisely why "Arrested Development" failed to connect with many viewers during its initial three-season, 53-episode run, it seems likely that one reason was the show's narrative density. While its main thrust was chronicling Michael Bluth's efforts to corral his wildly dysfunctional family, the series featured countless plot lines that slowly shifted into focus thanks to asides and ever-evolving references that rewarded long attention spans and returning fans rather than first-time or sporadic viewership.

Now that the show is finally back, creator Mitch Hurwitz spared no effort in creating 15 new episodes that are as complex and layered as their predecessors. Even though audiences can enjoy the luxury of sorting through them all at once thanks to their simultaneous release on Netflix this past weekend, the show's cast is quick to observe that even they occasionally struggled to wrap their heads around dialogue that might eventually be meaningful in as many as three or four different ways.

"I'll try to explain it clearly, but it will come out

Bateman abides

... and the one son who had no choice but to keep them all together

Jason Bateman remains a unifying presence, despite the fact that only two of the episodes focus on his character Michael's peccadilloes. He says the Netflix episodes allowed Hurwitz more freedom. "I hope that's appreciated by the few people who do love the show," he says diplomatically. "They seem to be a group who likes things somewhat challenging. And the fact that Netflix affords [Mitch] the opportunity to have these stories go out over 15 different episodes, that are so intertwined that the same scene will repeat, from different angles, in multiple episodes, is a really unique and exciting thing to be a part of, in working with his complexity and with Netflix's distribution platform. It's a neat time to watch TV."

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You know them as Tobias, George Michael, Maeby, Lucille, Michael and Lindsay, respectively, but they're really David Cross, Michael Cera, Alia Shawkat, Jessica Walter, Jason Bateman and Portia de Rossi.

JESSE GRANT/GETTY IMAGES

Quoted

"You're going to realize, 'There's a structure to this that I wasn't aware of when I started watching.'" David Cross

probably really confusing," confesses Michael Cera, who rejoined the show's fourth season as a co-star as well as a writer. "But there was one scene that was like a five-page scene in the computer lab, and different sections of this scene would appear in different episodes. So you'd be actually having to deliver a line that made sense in multiple, different contexts that actually play against each other, and we'd have to deliver it in a way that tries to work for all three of those. And then you'd see an episode and you have different information and it means something totally different. That was really confusing."

Portia de Rossi, who plays the delusionally well-intentioned sister Lindsay, insists that the structure of the episodes — which follows just one character's point of view rather than all of them — should actually be easier, not more difficult, for viewers to understand.

"It's easier to digest than the original series, because we were following storylines A, B, C, D, E and F," she explains. "Now, we're just following this one character, so in a way it's easier to watch, and we've got a little bit more time to tell the story — as much time as we need."

What seems to excite the cast the most is not simply the process of reuniting for more fun, but for the experience of creating something that seems largely unlike anything else that's been on television — even including in the original show.

David Cross, who plays Lindsay's feckless husband Tobias, says that audiences will love the experience, but he warns that it may take a little getting used to.

"I think it's going to be a bit of an epiphany or a revelation," he says. "You're going to realize, 'There's a structure to this that I wasn't aware of when I started watching.' That's going to make everybody triple-excited, and there's going to be a sense of discovery to it that I think will be really exciting, and really define what TV can do."

TODD GILCHRIST
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TV watch list

REALITY

'Real Husbands of Hollywood'

Mr. Mariah Carey (as we like to call Nick Cannon these days) and the other real hubbies get back together in this reunion special, where they are likely to ask each other how their lives have come to this. **10 P.M., BET**

COMEDY

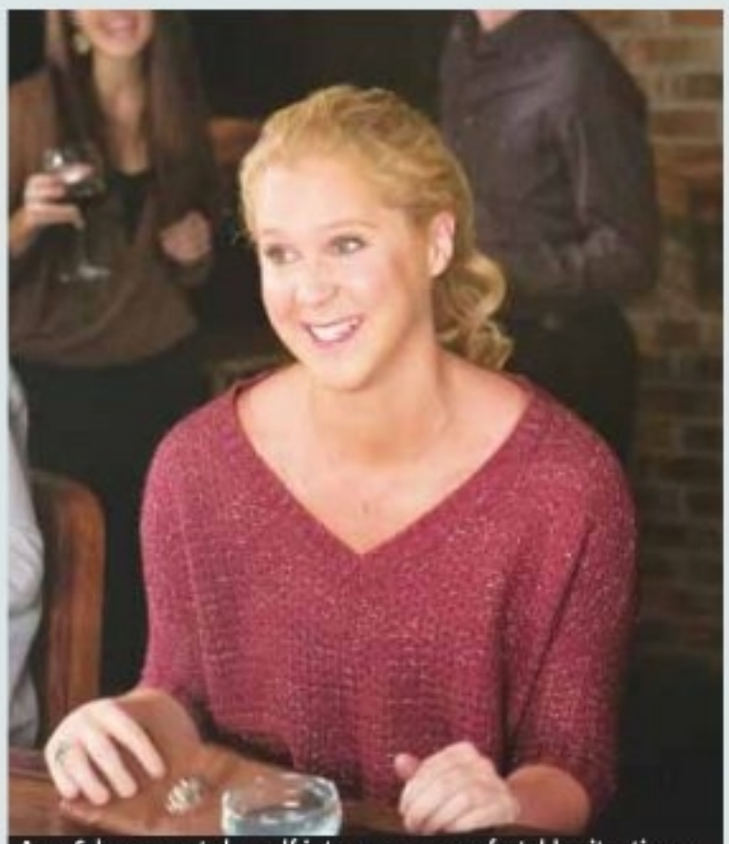
'Who Gets the Last Laugh?'

In this episode of the prank show, Tom Green is one of the pranksters. Tom Green still exists?
10 P.M., TBS

COMEDY

'Inside Amy Schumer'

Fresh-faced, potty-mouthed Schumer just might be our favorite female comedian right now. In this episode, she gets into group sex.
10:30 P.M., COMEDY CENTRAL



Amy Schumer gets herself into some uncomfortable situations.
MATT PEYTON

REALITY

'Extreme Weight Loss'

A brother and sister who collectively weigh in at 868 pounds try to shape up. Sort of makes us want to turn off the tube and go for a jog.
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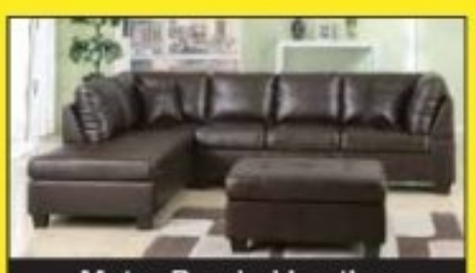

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Bret Michaels revs up for debut of his RV show

Open road. The rockin' reality star wants to pimp your ride.

After decades in the spotlight as a glam metal frontman, 50-year-old rocker reality star Bret Michaels is throwing a new skill into the mix: tricking out RVs and rocking the open road.

For Michaels, RVing is more than a means of transport — it's a lifestyle. The rock star holds tight to childhood memories in an RV and now spends nine months a year on the road.

Sunday night, the self-proclaimed "ultimate RV adventurer" debuted a new show on the Travel Channel, "Rock my RV with Bret Michaels." In the 16-episode series, the "Rock of Love" star leads a design team as they transform worn-out, dilapidated RVs into the most luxurious, tricked-out mobile mansions on the road. To get America revved up, the hands-on aficionado has five things he wants you to know about hitting the road in an RV.

They're not just the chariot of choice for retirees: "I hope that [the show] shows that the open road is for any generation. My mom and dad were pretty young when they were doing it. It's sort of like the Wild West. You go out there, and it's a great adventure."

Be mindful of the cramped quarters: "When you take a road trip, you're either going to bond for life and have great memories, or you may possibly never speak to each other again. This is my best advice: You want as much space as you can get. Stop at a place where you can get out and get away from each other for a little bit."

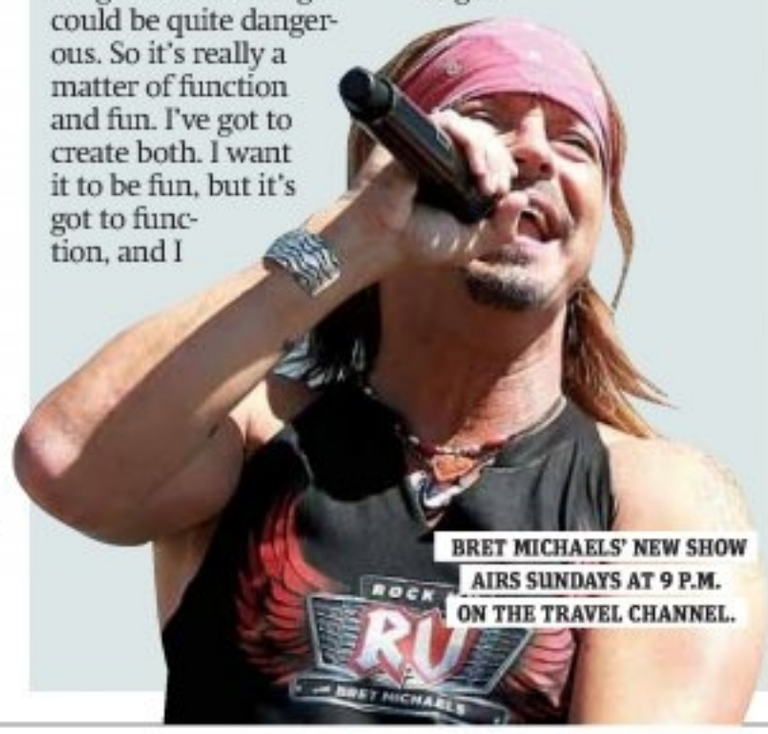
Bigger is not better: "If you're going to start RVing, start with a smaller one and get a good feel of the groove. It's just like starting out on anything. If you're going to ride a Harley, you don't want to jump on the biggest, heaviest one right away."

MORGAN ROUSSEAU
morgan.rousseau@metro.us

Every RV has its thorn

He takes tricking out your RV seriously

"The first thing I have to do with most of these is look at the structure, the rust factor, what we can and can't do — and most important is weight. You can't put too much weight on this thing. It could be quite dangerous. So it's really a matter of function and fun. I've got to create both. I want it to be fun, but it's got to function, and I want their experience when they leave to be enjoyable. A lot of these RV shows, they build these in a garage, and they make things that could never possibly go down the road. My job is to make it be able to go wherever they want it — go under any bridge, go anywhere they want, any beach, any side of a mountain that they want to go."



BRET MICHAELS' NEW SHOW AIRS SUNDAYS AT 9 P.M. ON THE TRAVEL CHANNEL.

More from Michaels

"Don't be in a rush to get from Point A to Point B. I would not drive super fast. In an RV, you want to get into a little more of a cruise feel, and get a feel of the weight and the wind."

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DON'T MISS...

THE SEX ISSUE
May 31st
Metro talks sex! Want to feel good naked? We've got the scoop.

FATHER'S DAY GIFT GUIDE
June 6th
We'll list our favorite gifts and ideas for celebrating all dads.

THE SUPER HEROES ISSUE
June 14th
Metro has *super,* all-around content focused on superheroes – from Hollywood, the comics, AND real life!

SUMMER ARTS PREVIEW
June 21st
Metro's seasonal section featuring dance, music and performing arts.

For Advertising: adsphilly@metro.us or 215.717.2695

Travel deals and steals

We told you last week that the Jersey Shore isn't gonna let a little rain ruin this year's summer fun. If you're thinking about heading down this year, **Long Branch's Ocean Place Resort & Spa** is offering a four-nights-for-the-price-of-three deal through Sept. 30. The deal comes with accommodations for two in a room with ocean views, daily breakfast and beach access with towel, umbrella and chair service. Rooms start at $209.25 per night and can be booked at www.oceanplace.com.

One hour north of Cabo San Lucas in Mexico is **Rancho Pescadero** (www.ranchopescadero.com), whose Endless Summer Package promises a fifth night free on a four-night stay June 1-Sept. 30. Take advantage of daily complimentary yoga; coffee, pastries and fruit delivered each morning; weekend garden dinners; prime surfing conditions; and more. Rooms start at $185 per night.

Paris' right-bank **Hotel Edouard 7** and left-bank **Hotel Bel Ami** are both offering five-night stays for the price of four this summer. Check out the four- and five-star properties, respectively, at www.hoteledouard7-paris.com and www.hotel-bel-ami.com.

MEREDITH ENGEL

Editor's pick

Jade Mountain boasts a number of infinity pools, like this one, which overlooks the Piton Mountains. / PROVIDED

The town of Soufriere in St. Lucia is home to **Jade Mountain**, which "Bachelor" fans may know as the lush spot where Jake proposed to Vienna a few seasons back (before their love went over the rails). Book Jade's Summer Sanctuary package for a seven-night stay in the Sky Jacuzzi suite or Star or Moon infinity pool sanctuary and receive the fourth and seventh nights free. You can add an all-inclusive food and drinks package. Rooms start at $995 per night; book at www.jade-mountainstlucia.com.

Hit the road

Megabus.com has just rolled out its Summer Seat Sale, which means a number of $5 and $9 seats have been added for travel on Tuesdays, Wednesdays and Saturdays across 28 cities for the month June.

Book at us.megabus.com/sale.aspx at least seven days out. The company's famous $1 tickets are still available, but sell out quickly.

Get on board the Megabus for cheap this summer. / FACEBOOK

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Remix his style

The Twenties are having a moment, thanks to you-know-who. Give your own wardrobe a bit of Gatsby flavor by re-creating this fashionable look we spotted on the street.

RICHARD PECKETT

On the street in New York
KARL-EDWIN GUERRE

1

Brooks Brothers

The Great Gatsby Collection ivory linen jacket, $698, www.brooksbrothers.com

2

Gucci

Suede tassel loafers, $491, www.matches-fashion.com

3

Zara

White shirt, $50, www.zara.com

4

Alfred Dunhill

Striped tie, $150, www.mrporter.com

5

Aspinal of London

Pink pocket square, $25, www.aspinaloflondon.com

6

Ray-Ban

Clubmaster sunglasses, $182, www.rayban.com

7

Uniqlo

Slim-fit chinos, $39.90, www.uniqlo.com

8

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Hunter tote, $530, www.billamberg.com

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NOTICE OF PUBLIC SALE

CUBESMART in order to satisfy its statutory lien pursuant to 73 P.S.S 1901 et seq., will sell at PUBLIC SALE all the personal property in its facility at 1000 Easton Rd. Wyncote, PA 19095, stored by:

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Dehcontee L Guar 2570 • Lolita Yancey 2524 • Dawn C Collins 2448
Margarie Jarrett 2435 • Charisse Moses 2329 • Gary T Price 2204

June 13, 2013 AT 11:00 AM at CUBESMART, 1000 Easton Rd, Wyncote, PA

Owner reserves the right to bid at public sale, reject any or all bids, &/or cancel or adjourn sale. All items in storage units contain household items unless otherwise mentioned. Auctioneer Jeannie Cox. To resolve this claim call Teleka Gray, Manager@215-635-2007

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School's out for summer? Uh-oh

Summer vacation. The summer months can be challenging for any parent. Now just imagine if you had twins.

Jane Roper, the author of the memoir "Double Time: How I Survived — and Mostly Thrived — Through the First Three Years of Mothering Twins," knows how rewarding and challenging the summer months with children can be. And now that her daughters are 6 years old, she has spent many a warm month keeping both of them occupied. "If you've got preschool or school-aged kids like I do, you may be dreading the end of the school year just a teensy bit," she notes. "But fear not: There are plenty of ways to retain your sanity and have fun in the process." Roper shared her tips with Metro.

Author Jane Roper plays with her twin girls. / MARA BROD

Just add water

Hot, humid weather makes my children miserable, which in turn makes me miserable. When temperatures soar, we hit parks and playgrounds with water spray[s] or wading areas. When the girls were younger, I'd give them bowls, spoons and measuring cups, and let them "cook" with ice. And if all else fails, there's always ice cream.

Advice.

Let them be bored

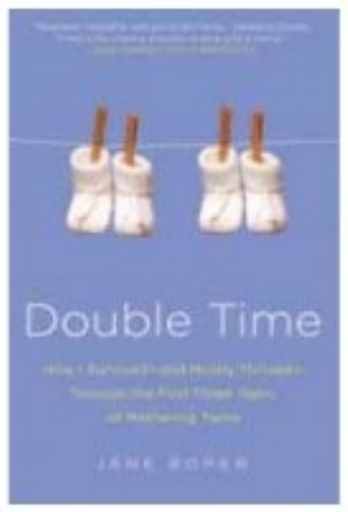
"Resist the urge to schedule every last minute," advises Roper. "When my kids complain that they're bored, I say, 'Well, it's OK to be bored.' Roper says that then, her girls "usually come up with some amazingly creative game or activity on their own." Oh, and keep the big picture in mind: "Other times, they just lie on the couch like giant throw pillows for a while. Either way, you get a break and they survive. And it's all about survival, right?"

Make them read

Almost every public library has some kind of summer reading program — even for the picture-book set. Check out what's available near you, and designate some independent reading time every day. While the kids read, you can dive into your own summer reading. Note: The "50 Shades" trilogy is probably not advisable. ("What's your book about, Mommy?")

Be a tourist

Summer is a great time to explore your own backyard — the parks, museums and attractions you don't normally get to. Schedule a weekly "field trip" to someplace within an hour's ride or drive that you and/or your kids have never been before.



(This includes exotic new malls and movie theaters if you're craving air-conditioning.)

Swap

Set up a regular play date exchange with a friend: their place this Friday afternoon, your place the next. If you're so inclined, bring a bottle of wine or other treat for the host when you pick up your kids. Especially if yours, like mine, are, er … "spirited." METRO

Attention Homeowner
Final Notice

Dear Homeowner, this notice is a final response to previous notices you may have received. Great news! Government insured programs are still available for home improvement projects. The US Department of Housing and Urban Development (HUD) under Title One of the National Housing Act has made financing programs available to YOU, the qualified homeowner. The Energy Conservation Loan Program (ECLP) is approving applications for home improvement and repair regardless of income or home equity.

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PUBLIC HEARING NOTICE
PHILADELPHIA HOUSING AUTHORITY
ADMISSIONS AND CONTINUED OCCUPANCY POLICY (ACOP)

The Philadelphia Housing Authority is soliciting public comments for amendments to the Admissions and Continued Occupancy Policy (ACOP) and Housing Choice Voucher Administrative Plan (HCV Admin Plan).

Copies of the proposed amendments and the current versions of the ACOP and HCV Admin Plan are available on our website at www.pha.phila.gov. The comment period is open on May 8th 2013 through June 26th, 2013.

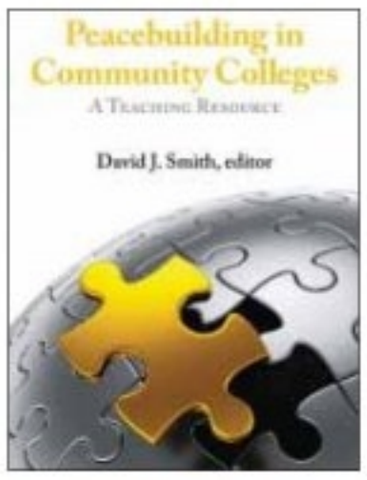
Proposed amendments and the current versions of the ACOP and HCV Admin Plan are available for public review at the Philadelphia Housing Authority's Admissions Office at 712 N. 16th Street and the Housing Choice Voucher Office at 2850 Germantown Avenue between the hours of 9:00 a.m. and 4:00 p.m.

The public is invited to a presentation of the Admissions and Continued Occupancy Policy (ACOP) and Housing Choice Voucher Administrative Plan (HCV Admin Plan) with an opportunity to provide oral and/or written comments at a Public Hearing. Only comments pertaining to this proposal are being solicited. **A Public Hearing will be conducted on Wednesday, June 26th, 2013, beginning at 3:00 p.m. at the John F. Street Center, 1100 Poplar Street, Philadelphia, PA 19123.**

Written comments can be submitted to PHA Office of Policy, Research and Enterprise Planning - Attention ACOP/HCV Plan Amendments PHA's Office of Policy, Research and Enterprise Planning at 12 South 23rd Street, Philadelphia PA 19103. Comments must be received on or before June 26th, 2013.

Philadelphia Housing Authority
Building Beyond Expectations

Making peace with education



Interview. A new book seeks to teach peace and conflict resolution to students.

David J. Smith, a community college peacebuilding advocate, addresses students. / PROVIDED

David J. Smith may be the foremost proponent of peacebuilding education in community colleges. A longtime professor at Harford Community College in Maryland, he edited the first peace studies book intended specifically for junior college instructors: "Peacebuilding in Community Colleges: A Teaching Resource."

How many peacebuilding courses are taught in community colleges?
In 2005, there were only four or five community colleges that had peace studies or conflict-resolution degree programs. Today, there are between 20 and 30. So it's a slow trend, but it's growing.

Why is it important to teach peacebuilding?
Nearly 50 percent of all undergrads in the U.S. are in a community college. These institutions are some of the most diverse and most immigrant-friendly in the U.S. We need to take this opportunity to address global issues related to conflict and violence. Also, the wars in Iraq and Afghanistan have impacted community colleges more than any other sector of higher education. Veterans have experiences that we need to learn from, and they're often seeking the means to better understand those experiences themselves.

Are these skills important for job preparation?
Many skills necessary for success in the workplace are conflict-resolution-based. There's a growing body of research indicating that people often fail at work because they don't know how to deal with conflict, and they don't have the skills to create a productive conversation with coworkers.

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What to wear under that boring graduation gown

Style. You won't sweat the giant robe when you look good underneath it.

Graduation gowns are tough to pull off. They're not exactly flattering, what with their tablecloth-like shape and plastic-y material. Make sure you rock something sassy under that humdrum cloak, and you'll be set for post-commencement festivities. You can go for fancy and frilly or vintage and sweet, but either way, your look will have graduated from boring to best in show.

David's Bridal has several options if you're opting for a celebratory new dress. Jamie Bradford, the assistant manager at David's Bridal in Plymouth Meeting, says that dresses with pockets are a huge trend right now. "The pockets work well for carrying lip gloss, camera or [a] phone," says Bradford. A little extra bulk in the pockets will hardly be noticeable under all that polyester regalia.

Bradford also sees sleek dresses becoming a staple of graduation season. "You don't want something too bulky under the gown. It'll look weird in pictures." Opt for a streamlined silhouette instead.

Similarly, Melissa Granum, manager of Philadelphia's Sazz Vintage, says, "Try to avoid puffy sleeves, as they will cause the gown to hang [funnily] on the shoulder." But don't let that stop you from going retro with your outfit. "Sleeveless dresses, such as 1950s cotton day dresses and 1960s shift dresses, work especially well," adds Granum. "They are easily dressed up or down and won't be too warm under the gown."

Commencement may seem to drag on, but the day flies by. You may not have extra time afterward, so it's better to wear something versatile. "Some of the girls are really taking it to the next level," says Bradford. "They're finding dresses that can transition easily for parties and dinners. Sometimes you don't have time to change out of what you're wearing." Just remember, as Granum and Bradford both point out, comfort is key. If you find a dress that you can sit in all day, you're already well on your way.

JULIA WEST
letters@metro.us

A retro sundress will ensure that you stay cool under all that synthetic fabric. / SAZZ VINTAGE

Accessories

Bring on the bling

With the right jewelry, you won't feel lost in a sea of look-alikes. Go for something bold, like metallic gem rings from Concrete Polish. Or go for the graphic necklaces and earrings of Philly crafter Night Owl Designs. This will help you stand out in the crowd.

A dress with a sleek silhouette won't be bulky under your graduation gown, and will look great for any post-graduation festivities. DAVID'S BRIDAL

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BREAKING 'FREE': HOW TO MAKE IT AS A FREELANCER

Career advice

DAN SCHAWBEL

DANSCHAWBEL.COM

Dan Schawbel is the founder of Millennial Branding and the author of "Promote Yourself: The New Rules For Career Success" (St. Martin's Press).

There are many paths to building a successful career, but for those who have the drive, it can be worth it to break free and try being a freelancer. In fact, Intuit, a website that helps guide small businesses, predicts that by 2020, 40 percent of America's workforce will be freelancers. oDesk, the world's largest online workplace, predicts that by 2020, one in three workers will be hired online — allowing them to work wherever and whenever they want.

Based on a new study from my company and oDesk, we found that 72 percent of employees want to quit their traditional jobs to be entirely independent, and 61 percent say that they likely will within two years. We discovered that freedom is the top reason why they want to quit. They want to put the "free" in their career and become a freelancer. Here are three tips on how to freelance successfully.

Innovate

Think like an entrepreneur

You are your own business, and you have to always keep that in mind. This includes constantly networking, learning and coming up with creative ways to sell yourself. Your skills today might not be worth as much in the future, so you have to learn to adapt and change. Learn new skills and seek opportunities before others have a chance to.

Become an expert

Put all of your energy into becoming the top expert in your field so that people seek you out, and you can win new business. For instance, you could become a top Ruby on Rails programmer in your niche or an expert on using LinkedIn to generate leads. This way, people can quickly identify you. It's easier to find freelance positions if you have a focus area.

Create a strong Web presence

If people can't find you, they can't hire you. Make sure you have a website, a blog and profiles both on freelancing sites (such as oDesk, for example) and on social networks like Twitter and Facebook. On your website, you should include your portfolio, your résumé, testimonials, a list of your services and links to your profiles for online workplaces. This will highlight work you've done and prove to employers that you have valuable skills. On your social profiles, you should post tips and resources that will benefit others, because the more information you have, the more new customers you will get.

Freelancing requires a lot of drive and initiative — think like an entrepreneur and build your brand. / GETTY IMAGES

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Horoscope

♊ Gemini | May 22-June 20. Any venture you undertake could turn out to be more dynamic than anticipated. You might have a tiger by the tail.

♋ Cancer | June 21-July 22. The key to your success will be your selfless attitude. If you're willing to go all out for people, they, in return, will help you.

♌ Leo | July 23-Aug. 22. Be as amicable and outgoing as you can today. Relationships you establish in your current cycle will blossom into friendships.

♍ Virgo | Aug. 23-Sept. 22. The rewards you've been anticipating are on the way. Circumstances have been shifting in your favor.

♎ Libra | Sept. 23-Oct. 22. Whatever knowledge or skills you've acquired recently will not go unused or wasted during the upcoming cycle. Put your experience to use.

♏ Scorpio | Oct. 23-Nov. 21. A career opportunity that could be bigger than anything you thought possible could come your way.

♐ Sagittarius | Nov. 22-Dec. 21. Friends will make things happen for you that you could never do on your own. Be sure to show the proper gratitude.

♑ Capricorn | Dec. 22-Jan 20. You might be able to increase your rate of progress if you raise the number of your ambitions.

♒ Aquarius | Jan. 21-Feb 18. If you're a member of a club or organization, and you're asked to fill a particular post or position, do it. It could lead to something big.

♓ Pisces | Feb. 19-March 20. Before you move on to a new enterprise, be sure you've gotten all that you can from your old ones.

♈ Aries | March 21-April 20. Positive changes are afoot, especially regarding an area in which you are highly skilled. It's time to put all your knowledge to use.

♉ Taurus | April 21-May 21. Proceed with cautious optimism when it comes to your career. You could become enormously lucky, but you'll still need to tread carefully. BERNICE BEDE OSOL

Sudoku: Easy and hard

6	9	3				5		4
	2		9		8		6	
			5					1
2					7			
	3		6		9		4	
			1					3
9					2			
	6		7		4		1	
1		8				2	7	5

	9		8			6		
6		1			3	5		4
	5						9	1
9			3				5	
8				4				6
	4				9			8
4	3						7	
5		6	2			1		9
		9			7		6	

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

The truth is out there... just not in print

Re: "Senators who opposed Sandy bill accept disaster aid" (Metro, May 23) The real reason that Oklahoma's two Republican senators voted against the $60 billion supplemental appropriation bill that provided relief to victims of Hurricane Sandy was that this bill contained a lot of unnecessary pork barrel spending unrelated to Hurricane Sandy relief. These two senators are true fiscal conservatives who are against pork barrel spending, which our nation cannot afford with our record debt and deficits. Report the entire facts, or do not report the story at all.
DANIEL SULLIVAN, VIA EMAIL

Whatever helps her stay clean

Re: "'Bachelorette' star on her alcoholism" (Metro, May 23) Your blurb about Meredith Phillips' 150 days of sobriety was flip and indifferent toward the daily pressures that alcoholics face in order to stay clean. If a People Magazine cover helps someone reach their first or even their 151st day of sobriety, then I'm all for it.
CHIP GOINES, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

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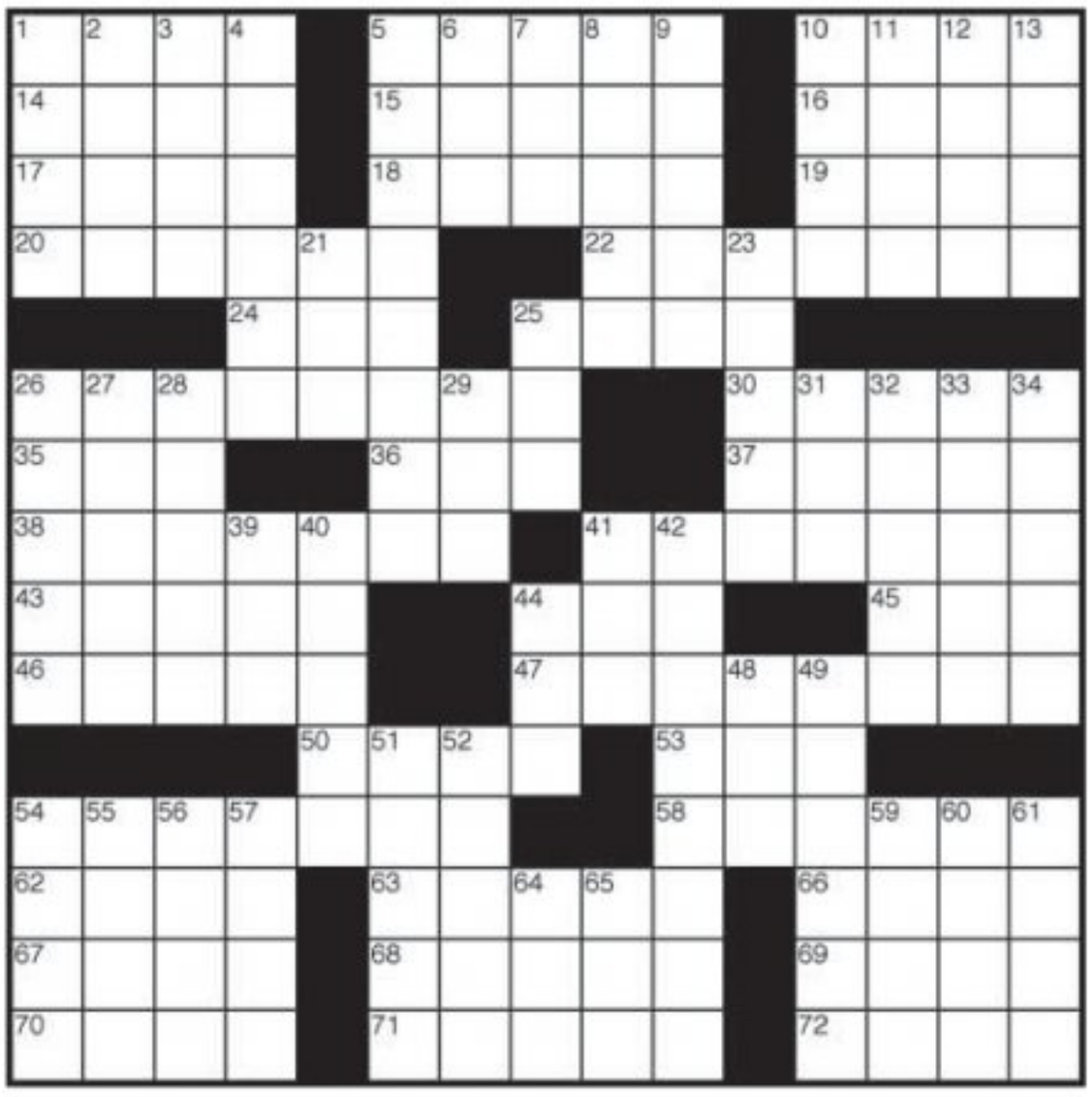
Interactive Crossword

Crossword

Across
1 Nature's bandage
5 Snow crystal
10 Blacken
14 — Krishna
15 Atlas dots
16 Kitchen staple
17 "Get real!" (2 wds.)
18 Makes void
19 Grimm villain
20 Peril
22 Removed by percolating
24— Lobos of music
25 Gayle's sis
26 With maximum power (hyph.)
30 Familiar saying
35 "So!"
36 "Verse" lead-in
37 Ran in neutral
38 Desperadoes
41 Defeating
43 "Star Wars" director
44 Moonbeam
45 Lingerie buy
46 "Maria —"
47 More dismal
50 Linen vestments
53 Tiger Woods' org.
54 Fiasco
58 An antiseptic
62 Flair
63 Rock tumbler stone
66 Caroler's tune
67 Become limp
68 Ape
69 Depot info
70 Japanese wine
71 Licorice herb
72 Seldom seen

Down
1 Bygone ruler
2 Home, to Jose
3 Border st.
4 Happen to
5 Learns (2 wds.)
6 Baton Rouge campus
7 Everything
8 Shade of green
9 German industrial center
10 Gator kin
11 Weather system
12 Land parcel
13 Swamp plant
23 Author — Nin
25 Grass-skirt accessory
26 Legend
27 Mover's rental (hyph.)
28 Jouster's need
29 TLC providers
31 Banned bug spray
32 Defense ploy
33 Whodunit or romance
34 — Lee Masters
39 Karate level
40 Newton or Asimov
41 Enjoin
42 Telescope part
44 Hwys.
48 Back when
49 Gilda of "SNL"
51 Burro alternative
52 Get underway
54 Lawn wetters
55 Essayist's pen name
56 Stop abruptly
57 Kitty starter
59 Modicum
60 Approach
61 Failing that
64 Left Bank pal
65 "Whether — nobler . . ."

Yesterday's answer



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HOW LONG UNTIL THE FANS DON'T REALLY CARE?

The voice of Philly sports

ANGELO CATALDI

We don't really care.

Take a long look at those words. They represent an arrogance that is infecting all of pro sports, an insane but growing belief that fans no longer hold the importance they once did.

That statement was made — in public, within earshot of reporters — at a symposium sponsored by the Rothman Institute. The speaker was Flyers president Peter Luukko, and he was talking about how frustrated fans have become over misinformation on player injuries.

Luukko was responding to complaints that the NHL identifies injuries only by "upper body" or "lower body," presumably so that opponents cannot target a weakened knee or a sore shoulder. His implication was that protecting the health of the player had risen above the need to inform the public.

There are two problems with his logic. First, everyone knows the nature of an injury within hours. Is it really any secret that Chris Pronger was suffering from a series of career-threatening concussions, not upper-body injuries? Or that Braydon Coburn sustained a separated left shoulder, or that Kimmo Timonen fractured his right foot? There are no secrets in sports.

A far bigger issue is the attitude behind the remark. Luukko is a top executive, and he openly admitted "we don't really care" how the customers feel? At another point in the symposium, Luukko proudly announced that if a player is expected to miss eight weeks with an injury, "we'll say 10."

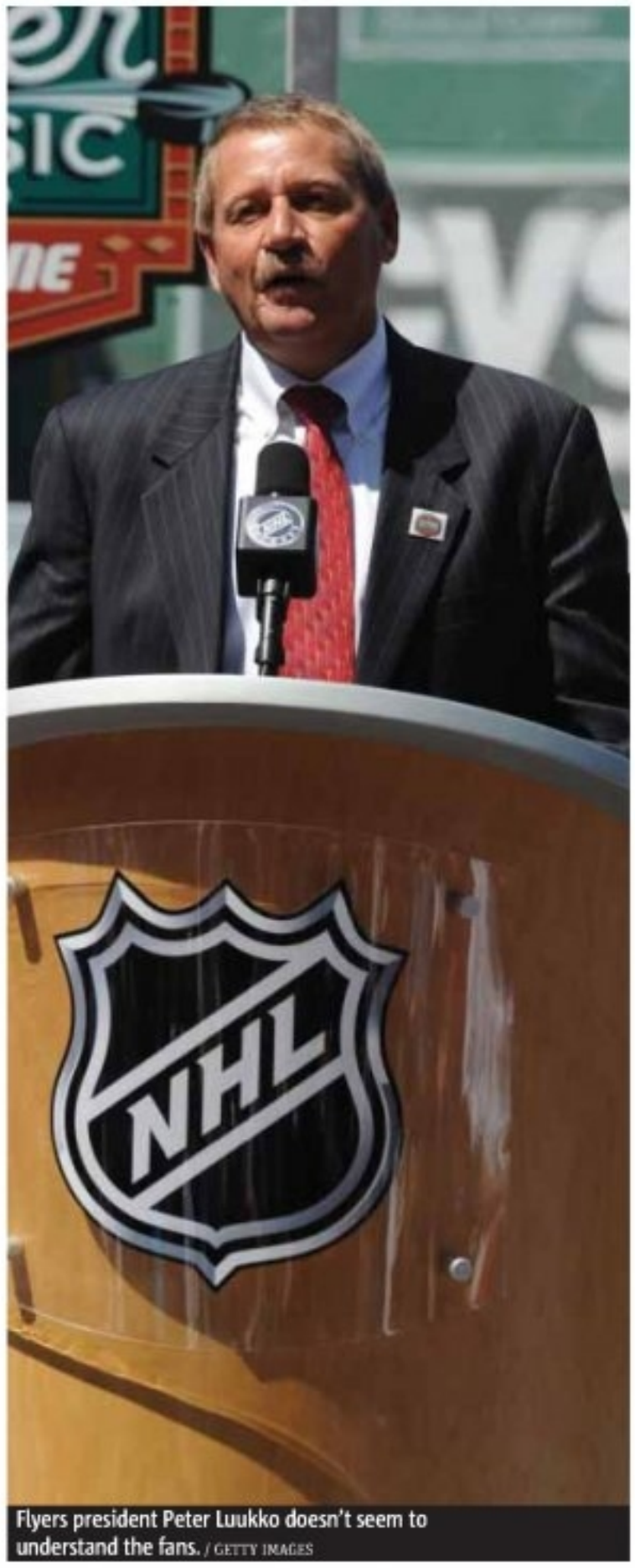
When did it become good business to lie to the fans? How stupid is it to charge $100 or more for a ticket and then publicly insult the person making that investment? If truth isn't a priority, then why should fans pay attention to anything the Flyers say?

Peter Luukko is by no means a dumb man. He is regarded as one of the best arena builders in North America, a visionary who has made millions for Comcast-Spectacor. Unfortunately, he is a product of his times, a symbol of a screw-you attitude that is smothering sports today.

As someone who has spoken to fans for 23 years at WIP radio, I can say with great conviction that the gulf between our teams and their fans has never been greater. While the Flyers were sitting home, having failed to make the playoffs, their boss was boasting about spreading falsehoods to the fans.

Longtime Phillies executive Bill Giles once told me the biggest enemy of all sports teams is apathy. The games only matter when there are fans in the seats, or in the bars talking about last night's game. How much longer will it be before fans fire Peter Luukko's words right back at him? How long before his words become their credo?

We don't really care.



Flyers president Peter Luukko doesn't seem to understand the fans. / GETTY IMAGES

3 SPORTS

Online

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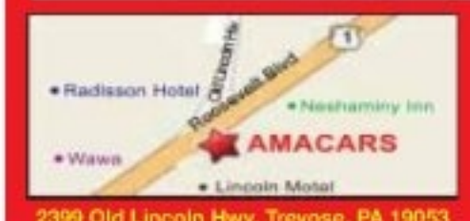

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Opinion. Will the real Mike Vick stand up, please stand up?

Mike Vick has just finished an amazing week, even by his standards. He called his critics "ignorant," helped publicize the Jersey shore recovery from Sandy and boasted that he's still the fleetest-footed quarterback in the NFL.

OK, I give up. Who *is* the real Mike Vick?

He has been the most intriguing sports figure in Philadelphia for four years now, from the day he shocked the world by stepping out of prison and on to the Eagles.

Vick has performed brilliantly, horribly, courageously, stupidly and with no discernible pattern of behavior.

His attack on people who criticize him for not reading defenses well is absurd. He admitted last year that he hadn't really studied hard in the seasons preceding his imprisonment for dog abuse. As for holding the ball too long, well, is there a better explanation for 21 fumbles in the past two injury-riddled seasons?

Just when it appears that Vick has lapsed back into the anti-social style that led to all of his troubles down in Atlanta, he redeems himself with another act of humanity. Not only did he donate $50,000 to the rebuilding effort at the shore, he has preached a reassuring message of second chances throughout the Sandy crisis. The message was so strong that the mayor of Atlantic City, Lorenzo Langford, presented him with a key to the city.

If only he could send out an equally uplifting vibe for himself. Unfortunately, he cannot. His ego won't allow it.

Is Vick still the fastest quarterback in the NFL — as he so boldly proclaimed, without provocation, last Thursday? Here's a better question: Does it matter?

Mike Vick still has a chance to be admired here and across the country, but first he's going to have to decide who he is.

He said it

"Mike Vick has performed brilliantly, horribly, courageously, stupidly and with no discernible pattern of behavior."

Angelo Cataldi, on Mike Vick's erratic behavior over the past four years

ANGELO CATALDI
sports@metro.us

Mike Vick is still an enigma, four years later.
GETTY IMAGES

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Opinion. Galvis is Phillies' future and future is right now

When Chase Utley suffered his fourth significant injury in the past four seasons last week, this time there was hardly any reaction at all. What few fans have considered yet is that the oblique injury could be fatal — to Utley's career in Philadelphia, that is.

Just follow the logic: His replacement, Freddy Galvis, is one of the most gifted infielders in Phillies history, a gazelle on either side of second base. He is also 10 years younger than Utley, who will be a free agent at the end of this season. If the Phillies continue to disappoint in the standings, wouldn't it make sense to keep the kid in the lineup?

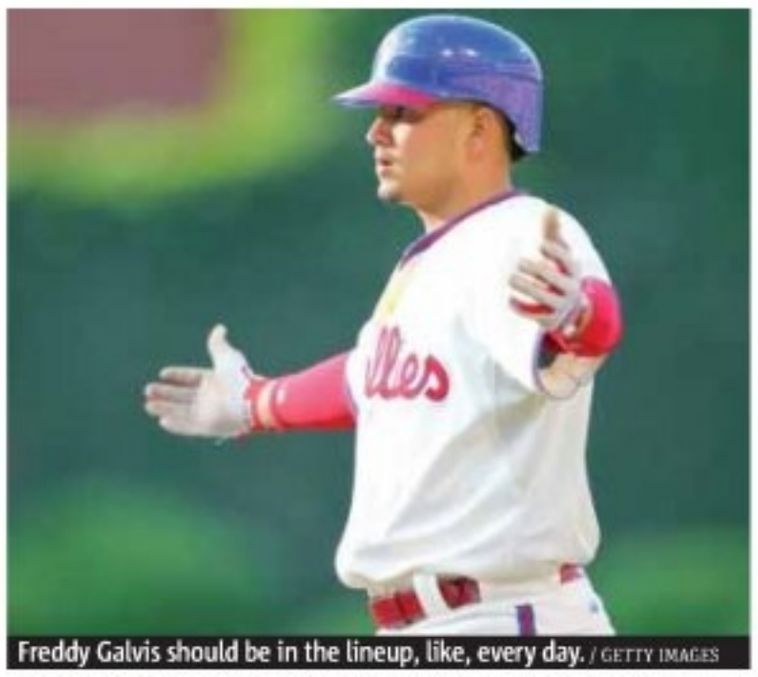
And if the idea of trading a hero like Utley is just too painful, what about saying goodbye to Jimmy Rollins and putting Galvis back at his natural position, shortstop?

Yeah, I know. Rollins is beloved, too. In fact, general manager Ruben Amaro Jr. actually said last week that he'd be more inclined to buy than sell at the trade deadline.

What Amaro and the many fans with emotional attachments to the champions of 2008 need to understand is that the parade was five years ago, when Utley and Rollins and their gifted teammates were in their prime. They are old now, too old to pose a serious threat for another World Series run.

Freddy Galvis is the future of the Phils, not Utley and Rollins. And that's why the amazing young infielder has a chance, right now, to begin our transition into a new era of hope and promise. **ANGELO CATALDI**

Utley / GETTY IMAGES



Freddy Galvis should be in the lineup, like, every day. / GETTY IMAGES

Idle thoughts

A few other things Cataldi wanted to get off his chest:

- The whispers are growing louder. Matt Barkley has a real chance to win the starting job on the Eagles, ahead of Mike Vick and Nick Foles. Barkley has never been a backup — not in high school, not at USC and maybe not here, either.
- It was reported that Nick Foles' time in the 40-yard dash was 5.14, well behind rookie tackle Lane Johnson's 4.7 and slightly ahead of an Arctic glacier. Is he too slow for a Chip Kelly offense?
- Sixers GM Sam Hinkie is conducting his coaching search in secrecy. Yeah, that should get tickets moving. How long before the new owners realize that they need to stir up interest, not hide from it?
- Cole Hamels' six-day media boycott is over. After his record dropped to 1-8 in Washington, he finally spoke. He said: "It's baseball." How did we survive for a week without thought-provoking insights like that?
- When it comes to chutzpah, no one can compete with Roger Goodell. He said that the draft is moving to May because Radio City Music Hall is booked. The NFL has held its draft there for eight years, and now there's a date conflict? The Rockettes are more powerful than the NFL? Yeah, sure.

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Blue Devils win lax title

NCAA. Duke claims the national lacrosse title by beating Syracuse 16-10 at the Linc.

The Duke Blue Devils are champions of the lacrosse world again.

For the second time in three years, Duke won the NCAA Division I Men's Lacrosse Championship. The Blue Devils dug themselves out of an early hole and rallied to beat Syracuse 16-10 yesterday at Lincoln Financial Field. It marked the third time in program history that Duke had appeared in the national championship game.

Brendan Fowler was named MVP after controlling the face-off circle, winning 20 of 28, including 13 straight draws. Jordan Wolf tallied four goals for Duke, with Josh Offit and Josh Dionne each adding three scores.

Duke advanced to the championship after beating Cornell 16-14. Syracuse got to the title tilt by defeating Denver.

Fowler and Wolf, along with David Lawson and Jake Tripucka, were named All-Tournament. Dylan Donahue, JoJo Marasco and Dominic Lamolinara earned the honor for Syracuse. METRO

Duke beat Syracuse 16-10 yesterday in Philadelphia. / GETTY IMAGES

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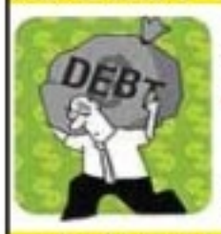

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